

Vitality Life Chiropractic, LLC

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Symptoms History

Name: _____ **Date:** _____

List your primary complaints in order of concern:

1 _____ 4 _____
2 _____ 5 _____
3 _____ 6 _____

Have your complaints limited any of your regular daily activities? Yes No If yes, which activities?

How long have you had the complaint(s)? _____

Are they due to any type of injury? Yes (give date) _____ No

Describe your injury: _____

How often does it bother you? _____

Has your problem been getting better? Worse? Or staying the same? _____

Did your present problem appear slowly? Immediately? After trauma? _____

What aggravates the problem? _____

What makes the problem better? _____

What other treatments have you tried that have been unsuccessful? _____

Have you seen any other healthcare provider for your complaints? Yes No If yes, please list: _____

Have you had *any* previous chiropractic care? Yes No If yes, what for and what were the results? _____

Are you taking any medications? Yes No If yes, please list: _____

Are you under any other treatment for this condition? _____

Have you ever been hospitalized? Yes No If yes, for what? _____

List *all* previous surgeries: _____

List *all* previous accidents: _____

List *all* previous broken bones: _____

If your problem was left unhandled for five years, how do you think it would affect you? _____

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Symptoms History

Name: _____ Date: _____

Are you committed to getting rid of your symptoms and their cause even if it means a change in lifestyle? Yes No If no, why not? _____

Circle any of the following you have had or currently have:

- | | | |
|--|-----------------------------------|---------------------------|
| Headaches | Neuritis in shoulders and arms | Gall bladder trouble |
| Shooting head pains | Pins and needle in arms and hands | Indigestion |
| Loss of smell | Cold hands | Intestinal gas |
| Hay fever | Chest pains | Constipation |
| Asthma | Shortness of breath | Kidney trouble |
| Loss of taste | T.B. | Bladder trouble |
| Tightness of throat/Inflammation of throat | Heart Pain | Menstrual cramps and pain |
| Thyroid trouble | Heart palpitation | Diabetes |
| Face flushed | Heart attacks | Cancer |
| Twitching of face | High blood pressure | Sleeping problems |
| Loss of memory | Low blood pressure | Painful joints |
| Fatigue | Anemia | Swollen joints |
| Dizziness | Rheumatic fever | Arthritis |
| Fainting | Nervous stomach | Slipped disc. |
| Loss of balance | Stomach trouble | Pinched nerves in back |
| Ringing in ears | Ulcers | Pins and needles in legs |
| Wear glasses | Nerves and nervousness | Swollen ankles |
| Lights bother eyes | Inner tension | Cold feet |
| Muscle spasms in neck | Irritability | Pains in legs and feet |
| Grating/Grinding in neck or back | Cold sweats | |
| Tightness of shoulder muscles | Liver trouble | |

Have you been ever been diagnosed with or ever tested positive for any of the following (please circle)? HIV/Aids Hepatitis B Hepatitis C

